VERICANT
VERIFIED VIDEO INTERVIEWS

Subsidiary of ETS, creator of the TOEFL® tests

TOP 10 INTERVIEW TIPS

1. Don't forget to smile!

Smiling is a universal sign of happiness and it can make you appear more friendly and warm.

Fun fact: Smiling can trick you into feeling less nervous and it even makes your voice sound friendlier!

2. Dress for the occasion

Make a good first impression by wearing something clean & professional.

Note: Make sure you're still *comfortable* in whatever you decide to wear – you don't want your clothes to affect your interview performance.

3. Practice *conversation*

Go out and do something fun with your friends but speak only in English! Or watch TV shows in English and pay attention to how the characters converse with each other.

Tip: Make sure you also take note of how the characters are using their tone of voice and body language to convey their meaning.

4. Beware of rambling

Before you start speaking, you should have a plan as to where your sentence is going. Try not to give too many irrelevant details because it will detract from your main point.

Note: Practice speaking slowly and clearly – people tend to talk faster when they're nervous!

5. Record yourself or talk in the mirror

It's easier for you to pinpoint areas to improve this way. This is a very good way to notice any nervous habits you may have (e.g. playing with your hair).

Fun fact: Professional athletes record their performance and then watch it back to find areas to improve!

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TOP 10 INTERVIEW TIPS

6. Do your research

Research the school(s) you're applying to and look for specific ways in which you are best suited to that school.

Tip: Take a look at a school's mission statement and begin to think of how your experiences have helped you to become a good fit for that school.

7. Use specific examples

Think of 5 of your best qualities and then practice talking about specific experiences from your life that show these qualities.

Tip: Also practice talking about challenges you've overcome or aspects of yourself that you may be working to improve.

8. Give yourself time to think

You won't know the questions beforehand so it's completely normal to need some time to formulate a thoughtful answer. Practice using techniques that allow you to stall strategically without being too obvious.

Tip: Try repeating the question thoughtfully or phrases such as, "That's a great question, give me a moment to think."

9. Collect feedback

Ask your English teacher to give you constructive feedback about your spoken English. Be sure to receive their feedback with an open mind!

Tip: Ask them things like... Did you understand my main point? Did I use the vocabulary correctly? What did my tone of voice convey?

10. Be YOURSELF!

At the end of the day, an interview is a great way for you to show your unique personality and to talk about the experiences that have made you who you are today!

Tip: The best way to do that is by being your most true and authentic self!

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面试10技巧

1. 记得要微笑！

微笑是代表幸福的通用标志，而且它能让你显得更加友善和热情。

趣事：微笑能能让你的大脑感到不那么紧张，并且能够让你的声音听起来更加友善！

2. 穿着得体

这是一个给对方留下良好第一印象的机会，所以选择整洁且专业的服装。

小贴士：穿那些让你感到舒适的服装，别让你的穿着影响面试！

3. 练习非正式谈话

和你的朋友一起出去玩，并且只说英语！
或者看英文电视节目，注意观察里面的人物如何交谈。

小贴士：记录电视里的人物在交谈时使用的语调和肢体语言。

4. 切忌跑题

讲话前想清楚如何组织语言，
不要描述太多与主题无关的细节。

小贴士：表达清晰，放慢语速-
人在紧张的时候语速会加快。

5. 自己录制视频或对着镜子练习

这种方法能让你准确地发现面试中的问题和紧张时的一些习惯（比如：玩头发）。

趣事：职业运动员录制训练的视频，
反复观看找到需要改进的环节。

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尽快预订面试！

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面试10技巧

6. 做好研究工作

研究好你要申请的学校，
确保它是你最适合的。

小贴士：研究一下学校的办学宗旨，
让你过去的经历和它是最匹配的。

7. 使用具体的例子

想好你的5个特质，练习用具体的事例
来展现你的这些特质。

小贴士：练习谈论你曾经克服的挑战以及
你需要提高的部分。

8. 给自己思考的时间

你无法确切地了解在面试中将会被问到什么样的问题，
因此很有可能你需要时间来思考出合适的回答。

小贴士：练习使用一些技巧，例如深思熟虑地重复一遍问题，或者用类似
“这是一个好问题，请让我思考一下...”这样的表述来给自己一些时间去组织答案。

9. 收集建设性的建议

让你的英语老师给你建设性的反馈，
积极听取不同意见。

小贴士：可以问老师这些问题：你能听懂我要
表达的主旨吗？我的词汇运用是否准确？
我的语音语调怎么样？

10. 做你自己！

总而言之，面试是展现你独特个性的机会，
谈论那些过去的经历，这些经历让
你成为了今天的自己！

趣事：学校在想方设法地了解学生，
不要担心那些小错误，展现真实的自己！

关注我们的微信！

尽快预订面试！